



SPRING LUNCH MENU

SERVED 12 – 3PM

DAILY SPECIALS – SEE BLACKBOARD

BULGAR & CHILLI ROASTED VEGETABLE SALAD WITH SUN DRIED TOMATOES, TOASTED PUMPKIN SEEDS & PEA SHOOTS	£8.50	vegan
BACON & STILTON SALAD WITH AVOCADO, BALSAMIC CHERRY TOMATOES, SPRING ONION, SOURDOUGH CROUTONS, SALAD LEAVES & HONEY BALSAMIC DRESSING	£8.80	
SWEET POTATO FALAFEL SALAD WITH PITTA BREAD, HUMMUS, AVOCADO, CUCUMBER, SALAD LEAVES & SUN DRIED TOMATO DRESSING	£9.00	veggie
SPICED CHICKEN SALAD WITH RED ONION, TOASTED ALMONDS, POMEGRANATE, ORANGE SOAKED CRANBERRIES, SALAD LEAVES, CRESS & TAHINI LEMON DRESSING	£9.50	
GRESSINGHAM PULLED DUCK SALAD WITH KOHLRABI, CUCUMBER, WATERCRESS, SESAME SEEDS, SALAD LEAVES & SOY-GINGER DRESSING	£9.80	
CRAYFISH TAIL SALAD WITH AVOCADO, RED ONION, PICKLED CUCUMBER, GRAPEFRUIT, POMEGRANATE, PEA SHOOTS, SALAD LEAVES & CITRUS DRESSING	£9.80	
HUMMUS, TOASTED PUMPKIN SEEDS & CARAMELISED RED ONION ON TOASTED SOURDOUGH	£7.50	vegan
GARLIC & CHILLI ROASTED VEGETABLES, TAHINI LEMON DRESSING, SESAME SEEDS, ROCKET ON TOASTED SOURDOUGH	£7.80	vegan
TOASTED HALLOUMI, BALSAMIC CHERRY TOMATOES, AVOCADO, ORANGE SOAKED CRANBERRIES ON TOASTED SOURDOUGH	£8.00	veggie
GRESSINGHAM PULLED DUCK IN HOISIN SAUCE, SPRING ONION, CUCUMBER, PEA SHOOTS ON TOASTED SOURDOUGH	£8.20	

SANDWICHES

REG: on Cake Shop granary or white, or gluten free bread.

POSH: on Pump St. toasted sourdough (open sandwich)

	REG	POSH
BRIE, FIG RELISH, RED ONION, PEA SHOOTS	£4.50	£5.50 veggie
FREE RANGE EGG, MAYONNAISE, AVOCADO, CAPERS, CRESS	£5.00	£6.00 veggie
MUSHROOM PATE, PICKLED CUCUMBER, TOASTED ALMONDS, CRESS	£5.50	£6.50 vegan
CREASEYS CRISPY BACON, MAYONNAISE, AVOCADO, TOMATO, ROCKET	£5.50	£6.50
PASTRAMI, MUSTARD MAYONNAISE, PICKLED CUCUMBER, KOHLRABI, SPRING ONION	£6.50	£7.50
HOT-SMOKED SALMON, DILL & HORSERADISH CREAM CHEESE, CUCUMBER, WATERCRESS	£6.50	£7.50

PLEASE ORDER AT THE COUNTER
All Allergen Information available on request